

Progress on meaningful work

There are seven key factors that encourage and seven key factors that inhibit progress on meaningful work.

Review these key factors and consider how you could use them to maintain progress on your meaningful work and minimise the impact of V^3 .

| Progress catalysts | | What I need to do |
|--------------------|--|-------------------|
| 1 | Setting clear goals | |
| 2 | Having a say in your work | |
| 3 | Having appropriate and necessary resources | |
| 4 | Enough time, but not too much | |
| 5 | Help with the work | |
| 6 | Learning from problems | |
| 7 | Allowing ideas to flow | |